

OCTOBER 2024

STUDIO ONE DANCE ACADEMY

We love to dance and it shows!



THE OFFICIAL NEWSLETTER OF STUDIO ONE DANCE ACADEMY



A DEDICATION TO ROSE

With grieving hearts we pay tribute to Rose, who was a part of the S1 family for decades.

We will miss her smile that greeted all the dancers as they entered the studio. There will

be a celebration of life for Rose on October 26th at the studio to share in her memory and the joy she brought to all.

Back to Attendance

What dates will the student(s) miss class?

From:

September

24

2024

To:

September

24

2024

Start Over

Next

Doctor's Appointment

MARKING DANCER ABSENCES

Save yourself a phone call and report your dancer's absence directly through the portal.

Simply login, select "attendance" on the left side, then "report attendance".

Choose your dancer's name, the dates of absence, and reason for missing class. Easy as a pirouette!



Dancer Spotlight on: Sarah M.



As an avid tap dancer, Sarah has been dancing for two years. When asked, Sarah stated that “drawbacks” were once a difficult move for her, but after practice she got them. That’s great advice to all dancers!

Sarah stated, “ I always loved the idea of dance, but I was really nervous to start since most dancers start when they’re really little. I think the person who inspired me the most was my mom. She was a dancer growing up and she absolutely loved it. She told me that it was never too late to start, and so I did. Best decision I ever made!” We agree!

According to Sarah, “my biggest dance accomplishment so far happened when I first started. I joined a beginner tap class super late into the year, in march, when they had already learned a ton of their recital dance. I had no clue what I was doing and had to learn how to tap dance very quickly. I spent so much time practicing and learning the recital dance. I caught up with the class in 3 weeks!”

When asked her favorite kind of music to dance to, Sarah responded, “I love listening to anything groovy that I can dance to. My tap teacher always plays Michael Jackson when we are going across the floor, and he is just the perfect vibe. I also love Charli xcx, I could dance to her music all day.”

Sarah’s advice to younger dancers is, “never be afraid to try something new. Try every kind of dance. You’ll never regret taking a new class.” Terrific advice for dancers of all ages!

A fun fact about Sarah is that she’s a vegan and would love to get into cooking. Upon graduation, Sarah plans to enroll at CCC to work toward an associate’s degree. The best part of staying local is Sarah plans to continue classes at Studio One! We can’t wait to continue to watch this dancer shine!



TEACHER SPOTLIGHT ON: MISS DESIREE

What are some highlights of your dance career? I have a couple of things that come to mind when thinking about this question. My second year on the S*1 Tap Team won an overall top award at a competition, we never expected it but it was so exciting. (You can still see the cream colored trophy in the kitchen at S*1). When I was in my mid-twenties I was performing and competing with a mixed age group and we got to go to Disneyland and dance on one of their stages and take a workshop just for our group. I think another big highlight for me was when I first started teaching when I was in college. It was something I'd wanted to do but not being a dance major wasn't sure it was something I'd ever have the opportunity to do. I still love teaching today.

How do you decide on songs for routines? I'm usually inspired by a costume or look I have in my head and I have to find a song to fit my vision. Sometimes I can be inspired by an idea, then I have to find all the pieces to pull it together; music, props, and costumes. It's really fun to work through the creative process in different ways.

Who or what inspires you to teach? I love getting to share dance with other people and teaching is a wonderful way to do that. To inspire a love for dance and movement in others.

What is your dream routine to choreograph? I would love to choreograph a piece that includes multiple styles of dance including aerial arts. Something that has movement coming from all directions. A piece you'd want to watch multiple times just to make sure you don't miss anything.

Where is the most unusual place you have ever danced? On a ranch (an hour from the nearest town) I worked on in southern Colorado. A band and caller came in and we got to do traditional dancing along with more modern line dancing.

What is your favorite dance move and who is your favorite dancer of all time? I love a really good Cabriole or Tour Jeté. You can get some height and feel like you're floating. You can't go wrong with a dancer who can also sing and act (or an actor who can sing and dance depending how you look at it), top it off with comedic timing and I'd call Danny Kaye one of my favorite dancers. Someone more contemporary is Tiler Peck, she dances with the NYC Ballet, she's a beautiful dancer and knows how to engage her audience on any platform.

What do you like to do in your free time? Anything to do with stories. I love reading, watching movies/TV, going to a play/musical, and obviously watching all kinds of dancing. Reading is probably my top way to spend some free time since it's something I can do everyday and most anywhere. If you've been to one of our bake sales, you also might know that I enjoy baking. Yum!



Get to Know Jazz

Jazz dance is a vibrant social dance style that blossomed at the dawn of the 20th century when African American dancers began to weave together the rich tapestry of traditional African steps with the elegant nuances of European movement. Some common jazz moves include a pas de bourrée, ball change, chasse, pirouette, and jazz square. Studio One dancers showcase these moves in the variety of jazz classes offered!

OCTOBER DANCE TERMINOLOGY

Barre:

The introductory / warm up portion of the ballet class, conducted while holding onto a ballet bar. The dancer always starts with the left hand at the bar, working the right gesture leg.

Chassé:

“Chasing one foot with the other”. The leading foot slides forward into fourth (or side-ward into second), then with a spring off the floor, the stance limb draws up to it in the air, and the leading foot opens to land in fourth (or second). Used as a traveling or transition step.

Firebird:

With a little more spring than a regular jump, the dancer executes the firebird l with lightness and quickness. It is classified by the dancer’s ability to bend the back leg at a 90 degree angle while keeping the front leg straight and can be done straight or turning.



WHO WAS MARTHA GRAHAM?

Martha Graham was a pioneering American choreographer and dancer, widely regarded as one of the most influential figures in modern dance. Born in 1894, she developed a unique style that emphasized the emotional and psychological aspects of movement, often drawing on themes from mythology and personal experience. Graham’s innovative techniques, particularly her use of contraction and release, revolutionized the way dance was perceived and taught. She founded the Martha Graham Dance Company in 1926, creating a legacy that continues to inspire dancers and choreographers around the world. Her works, such as "Appalachian Spring" and "Night Journey," are celebrated for their dramatic depth and expressive power.

HAPPY OCTOBER BIRTHDAYS!



Versailles A.	Oliver H.	Harrison S.	Ella L.
Jovie B.	Eliot J.	Chloe P.	
Cara B.	Stacy L.	Penelope P.	
Adeline B.	Audrey M.	Violet V.	
Violet D.	Andie N.	Lilliana W.	
Brilee D.	Elsa O.	Charlotte W.	
Makena G.	Briella P.	Maizie M.	
Olivia H.	Mindy P.	Charlotte S.	
Lucina L.	Paxton P.	Agnes P.	

Announcements

- October 21st-26th: Open window week (2 guests per dancer)
- October 31st: Halloween/no classes
- New **30th anniversary** gear available in the online portal. Show off your S1 spirit!
- Purchase dance wear and shoes from Discount Dance online and use teacher code 78029 to get 20% off your first order.



Visit the studio website today for information on schedules, dress code, and to access the parent portal!

Studio One
Dance Academy

STUDIO WEBSITE

[HTTPS://WWW.SIDANCEACADEMY.COM/](https://www.sidanceacademy.com/)

FACEBOOK

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